Welcome to SSS! Please read some of our favorite inspirational quotes. We hope you will be as excited as we are to share a wonderful year together and we cannot wait to see you soon! ~ SSS Team

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**WHAT’S NEW!**
- PRECALC UPGRADED
- ONLINE CAREER MODULE
- UPPERCLASS PARTICIPATION AWARD
- GRAD ED PREP

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**NEW STAFF!**

Mr. Topher Sutton graduated from Rutgers College with a Bachelor’s degree in Communication and Psychology, and obtained his Master’s in Education from the College Student Affairs program at Rutgers University. He has served as a Residence Director at The College of New Jersey for three years before joining Student Support Services with his new role as Program Coordinator.

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**SNAPSHOT OF SSS**

- **% of Rutgers SSS participants in good academic standing in 2013-2014**: 94.3%
- **6-Year Graduation Rate for Program Participants**: 76.7%
- **Number of workshops offered in 2013-2014 school year**: 50
- **Number of SSS Grant Aid recipients in 2013-2014 school year**: 40
- **Total amount awarded to SSS Grant Aid recipients in 2013-2014 school year**: $40,000
### Academic Coaching Modules

#### TIME MANAGEMENT, Pt 1
**INTRO & THEORY**
Managing time is one of the biggest challenges college students face. In this 4-week module, students will improve their ability to organize and use time effectively by focusing on 5 steps to successful time management. **Please note:** If you have already participated in the module before, you cannot sign up again.

- **OPTION 1:** 9/15-10/6 M 3:20pm-4:40pm
- **OPTION 2:** 9/18-10/9 Th 3:20pm-4:40pm

**LOCATION:** Tillet 103D

**CONTACT:** Cindy Yeung at scy11@echo.rutgers.edu

#### TIME MANAGEMENT, Pt 2
**APPLICATION**
Apply your time management skills to new and complex situations. This module will focus on applying strategies you've already learned in Part I to help balance your academic, social, and work life.

- **OPTION 1:** 9/17-10/1 W 5:00pm-6:20pm
- **OPTION 2:** 11/4-11/18 Tu 5:00pm-6:20pm

**LOCATION:** LSH-B116

**CONTACT:** Lucille Lu at llu@echo.rutgers.edu

#### WRITE -2- SUCCEED
**INTRO & THEORY**
A new program for SSS, W2S is for students taking Basic Composition or Expository Writing courses. It is a 3-week structured program that provides students with the inside information and tools needed to succeed in their writing class. This is a **mandatory** sign-up for those interested in writing tutoring this semester.

- **OPTION 1:** 9/16-9/30 Tu 3:15pm-4:45pm
- **OPTION 2:** 9/19-10/3 F 12:00pm-1:30pm

**LOCATION:** LSH-A326

**CONTACT:** Laura Callejas at callejas513@gmail.com

#### EFFECTIVE READING STRATEGIES
**APPLICATION**
Are you having trouble focusing on or recalling what you read for class? Reading Strategies will help you meet this challenge and teach you the reading methods and habits of effective readers.

- **OPTION 1:** 9/16-10/7 T 1:30pm-3:00pm
- **OPTION 2:** 10/9-10/30 TH 1:30pm-3:00pm

**LOCATION:** LSH-A326

**CONTACT:** Lucille Lu at llu@echo.rutgers.edu

#### ONLINE CAREER MODULE
The goal of this module is to help students prepare for their long-term career goals by increasing career self-efficacy and decreasing self-defeating thoughts about job searching. Additionally, students who participate in this module with 54 or more credits can accumulate points by attending workshops focused on career readiness. The upperclass students with the most points may be eligible to win a $500 Upperclass Participation Award! **Students participating in this module MUST attend a meet and greet session (dates TBA) before participating virtually.**

**Classes start September 15th**

**CONTACT:** Catherine Ramirez at catram2@echo.rutgers.edu

#### STRESS MANAGEMENT, Pt 1
**INTRO & THEORY**
Do you know anyone who isn't stressed out these days? Don't wait until stress has a negative impact on your health, relationships, academic demands, and your overall quality of life. With practice, you can learn to manage your stress level and increase your ability to cope with life's challenges. Don't delay, sign-up today! **Please note:** If you have already participated in the module before, you cannot sign up again.

- **OPTION 1:** 10/13-11/3 M 5:00pm-6:20pm
- **OPTION 2:** 10/15-11/5 W 3:20pm-4:40pm

**LOCATION:** Tillet 103D

**CONTACT:** Lucille Lu at llu@echo.rutgers.edu

#### STRESS MANAGEMENT, Pt 2
**APPLICATION**
Apply your knowledge of stress management techniques by actually participating in yoga, breathing and mindfulness stress reduction sessions. Come ready to participate and reduce your stress!

- **OPTION 1:** 9/24-10/1 W 6:40pm-8:00pm
- **OPTION 2:** 11/11-11/18 Tu 6:40pm-8:00pm
- **OPTION 3:** 12/2-12/9 Tu 5:00pm-6:20pm

**LOCATION:** LSH-A116

**CONTACT:** Ingrid Vasquez at iv18@echo.rutgers.edu

#### PRECALC UPGRADED
Worried about your Precalc 111 class? No need to fret. Let us upgrade your Precalc skills through a 6-week hybrid module to ensure a strong start and conceptual foundation to the course. Material is catered to the Precalculus 111 syllabus incorporating an online software ALEKS for all the practice problems you need.

- **OPTION 1:** 9/11-10/16 Th 3:15pm-4:45pm
- **OPTION 2:** 9/12-10-17 F 3:15pm-4:45pm

**LOCATION:** LSH-A320

**CONTACT:** Lucille Lu at llu@echo.rutgers.edu
September Workshops
Plan Your Success 9/11 TH 5:00pm-6:00pm  LSC-RM 127
Job Readiness at Rutgers & Beyond 9/15 M 5:15pm-6:15pm  Tillet 103A
The Basics of Money Management 9/24 W 10:20am-11:40am  LSH-A326
Study Smarter, Not Harder 9/25 TH 5:00pm-6:00pm  LSC-RM 127
Writing College Papers 9/30 TH 3:15pm-4:45pm  LSC-RM 201

Plus many more exciting workshops throughout the rest of the year! Is there a particular workshop YOU want to see offered? If so please let us know!

CONTACT: Topher Sutton at topher.sutton@rutgers.edu

Peer Mentoring Program
Deadline: September 7th
Pair up with a SSS Upperclassman

Mission Statement: To increase the retention and graduation rates of first generation college students; to foster a community of scholars who achieve academic excellence and avoid common mistakes by creating a relationship between incoming students and upperclassmen mentors.

Vision Statement: To evoke a positive attitude, pride in hard work, and high aspirations in a new group of First Generation College students who challenge expectations and create new possibilities.

Apply online at https://access.rutgers.edu/student-support-services/about-us/events/peer-mentee-application

CONTACT: Cindy Yeung at scy11@echo.rutgers.edu

First Generation Support Group
Coming to college represents social mobility; it’s fundamentally about improving your lives. At the same time you value where you come from. The First Generation Peer Support Group provides the space in which students can talk about the challenge of being true to who they are while trying to successfully navigate the system of higher education.

OPTION 1: 9/24-10/15  W  1:30pm-3pm
OPTION 2: 10/20-11/10  M  1:30pm-3pm
LOCATION: LSH-A326
CONTACT: Jesenia Cadena at jcadena@echo.rutgers.edu

Grad Ed Prep Course
Students will be enrolled in a preparation course to develop a personal statement, curriculum vitae, résumé, as well as other materials necessary for admission into a doctoral program.

OPTION 1 (Juniors): 10/3-11/21  F  10:45am-12:45pm
OPTION 2 (Seniors): 9/26-11/14  F  8:30am-10:30am
LOCATION: LSH-B205
CONTACT: Jesenia Cadena at jcadena@echo.rutgers.edu

TRiO: McNair Postbaccalaureate Achievement Program

What?
This program was established in honor of Dr. Ronald E. McNair, the second African American to fly in space, who died tragically in the space shuttle Challenger in 1986. As one of several TRIO Programs, the McNair Scholars Program is federally funded by The Department of Education. It is specifically designed to prepare students for doctoral studies through involvement in research and other scholarly activities.

Who?
McNair serves low-income, first generation college students and students from groups historically underrepresented in graduate education who aspire to obtain a doctoral degree.

Summer 2014 Cohort included the following SSS students:
- Anastasia Groce — Cultural Anthropology
- Kamaria Guity — Psychology/Sociology/Criminal Justice
- Ismelka Gomez — Cultural Anthropology
- Marie Callahan — Social Work
- Maria Hernandez — Psychology

When?
Applications are due Friday, November 14, 2014. For more information visit the website: https://access.rutgers.edu/mcnair. Or email us at mcnair@echo.rutgers.edu.

ATTENTION! 1st Year and New Transfer Students

1st Year Seminar Course
Earn 1.5 credits toward graduation with this 10 week course designed to help transition new students to Rutgers University. It aims to foster community among first generation college students and prepare them to succeed by developing and applying effective communication and critical thinking skills.

F 1:40pm-4:40pm Livi Campus
Classes start September 12th
CONTACT: Jesenia Cadena at jcadena@echo.rutgers.edu

When will workshops be offered?

Plan Your Success 9/11 TH 5:00pm-6:00pm  LSC-RM 127
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Study Smarter, Not Harder 9/25 TH 5:00pm-6:00pm  LSC-RM 127
Writing College Papers 9/30 TH 3:15pm-4:45pm  LSC-RM 201

Classes start September 8th
CONTACT: Margie Boneo at mherrera@echo.rutgers.edu

(Include your name, RUID, index number and special permission number)

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DEAN’S LIST

147 SSS students achieved Dean’s List in Spring 2014

Class 2014
PAULA ABBRUZZESE
DONIA ABDALLA
ROWAIDA ABDELAZIZ
RAWAN BADREDEEN
DORUNTINE BAHTIJARI
TAMIKA BALDWIN
LANETTE BIGGS
GARY BOGLE
JOHN BORJA
VIRGINIA CABRERA
FLAVIA CARBALLO
NAIMA CHOWDHURY
DAKOTA CINTRON
RAFELINA CONTRERAS
CATHERINE CORDOVA
KEVIN DAHAGHI
LUDINE DAUX
ANDREW FISHER
FRANTZ FLEURISSAINT
GEOMARA FLORES
MARGARET FRIMPONG
ISABEL GARAVINO
CANDICE GIBBONS
KENYA GRAHAM
SHANEÉ GRANT
PATRICIA GUERRERO
DANNY HUYNH
YESENIA INFANTE
JEANPAUL ISAACS
CANDICE JAMES
DANIELA JARAMILLO
KEVIN JEAN-LOUIS
NAKICHA JOSEPH
JENNIFER KEEFER
DIANE LEE
SARAH LEE
BURHA MANZOOR
SHANICE MARS
YURIKO MEXIA
LAURA MURIEL
THUONG NGUYEN
HARRIET ODOI
STEFANY PANTOJA
JASMINE PARCHMENT
NASHIRA PARKER
AKSHAR PATEL
LEURY PENA
VANESSA SALAS
AMAN SHARIFI
GURPREET SINGH
KARANDEEP SINGH
KARIM SINGLETON
PRECIOUS TABANSI
NATHANAEL UGARTE
JENNIFER VILCACHAGUA
TAHJERE WILLIAMS
JASON YANG
CASSANDRA YEBOAH

Class 2015
KAROL AGUILAR
CLAUDI AGUILERA
DEEPA AHMED
TAHMIAD AHMED
FIZZA ALI
LINDA ANYADUBA
GABRIELLA ASIEDU
CHRISTOS BARDIS
VINCENT BRADLEY
ANTHONY COVINGTON
JESSICA DE LA CRUZ
IVAN DOMINGUEZ
**Class 2015 Cont.**

ANATOLY DOUBROVNY
JADAYSIA DURANT
ELISABETH EDOUAZIN
WENDY FLORES
REGINALD GAINES
MARIA HERNANDEZ
VICTOR HERNANDEZ
DOLLY HILARIO
JENIFFER HUANG
GREGORY HURD
EDRESSA KAMAL
OUMOUI KEITA
RUMA KHAN
JAIRAHNA MANALASTAS
JACLYN MARIN
MARLENI MARTE
SHAENICE MCKENZIE
JAWIERYA MOHAMMAD
VALERIA MONTOYA
MARVIN MORENO
JORDANNA OLIVEIRA
ARCADIA PAPALSKI
DILRUBA RAHMAN
ARTRICE ROMAN
AYA SAKAR
BRIAN SNYDER
KATIE SOLER
TAHMINA SULTANA
CHRISTINA TRINH
SOLANGEL TRONCOSO
VERONICA VARGAS
CARLA VOLPE

**Class 2016**

SHARON AGUIRRE
NGOZI ANYIAM
THOMAS BARONE
ANGELIQUE BURGOS
LAMAYTA DENNIS
ADHAM EL-SHERBEINI
VICTOR GATICA
GOWA GOMEZ

**Class 2017**

STEPHANIE ACEVEDO
MICHELLE ARIAS
ASHLEY BATISTA
MARY CONZA-GONZALEZ
JOSE CORPORAN
SOLOMON DANER
WILSON ENG
YASMEEN MARQUES
JINALBEN PARikh
NIYATI PATEL
VANESSA RAYMOND
HECTOR ROSERO
MONICA TORRES

**Class 2018**

LI CHING SHENG

**Class 2019**

JOSHUA TEDESCO
How To Sign Up For Tutoring

Tutor Sign Up Day: Friday, Sept. 12th  9am
Tutoring Begins: Monday, Sept. 15th

Once you attend one of our information sessions at the beginning of the semester, you will be able to sign up for tutoring. Just follow these steps:

1. Go to http://access.rutgers.edu/sss/
2. Click on “Sign-up For Tutoring” on the left
3. Login with user ID.
4. Click the top link "Tutoring Request Form"
5. The select the campus and the course
6. The red "A" means it’s available. If you don’t see something, check a different campus
7. Click the A, then the picture of the tutor
8. Check your personal info
9. Click submit then wait for a confirmation email.

Tutoring is conducted during scheduled, one-on-one, weekly sessions. Tutoring is available Monday through Friday on the Douglass, Busch, Livingston, and College Avenue campuses. Open enrollment for 100 new students.

Questions? Email: ssstutor@echo.rutgers.edu

Each tutoring session will earn you additional 1 point towards the Grant Aid competition.

SSS GRANT AID COMPETITION AWARD

Each year SSS awards 30 grants to the students that earned the MOST points during the academic year.

To be eligible for the SSS Grant Aid Award, all SSS participants must meet the following criteria:

✔️ Student must be a current, matriculating Rutgers University student.
✔️ Student must be in good standing with SSS and the University.
✔️ SSS participant must be receiving a Federal Pell Grant for the current academic year.
✔️ Student must have less than 54 credits by the beginning of the most recent Fall term (September 1st).

* Over-packaged students are considered ineligible for grant aid. If you receive a CARR scholarship or a GATES Millennium scholarship, you may be over-packaged. If you are still not sure, please refer all questions about financial aid to your counselor.

For more information on the Grant Aid and on how to apply, please visit our website at https://access.rutgers.edu/student-support-services/resources/grant-aid