WHAT’S NEW?
New Staff
Spring Workshops
Spring Modules
Spring Study Groups

IN THIS ISSUE
ACADEMIC MODULES  PG 2
PEER SUPPORT GROUP  PG 2
TUTORING INFO  PG 3
STUDY GROUP INFO  PG 3
PEER MENTOR PROGRAM  PG 3
GRE & LSAT COURSE  PG 3
DEANS LIST  PG 4
DEANS LIST  PG 5
GRANT AID INFO  PG 6
ACCESS WEEK  PG 6
FAFSA  PG 7
SPRING SCHEDULE  PG 8

WELCOME MESSAGE FROM THE STAFF

Dear SSS Student:

On behalf of the SSS staff, welcome back!! I hope all is well and you had a wonderful winter break. Hopefully, you are eagerly looking forward to an exciting and productive semester. As you may know, Lucille Lu and Christopher Sutton have taken positions with the Rutgers Learning Center. Topher’s last day with us will be January 31. We wish them well in their new assignments and we look forward to a continued close working relationship both of them. In light of these changes, I am pleased to introduce you to two new additions to the SSS program staff, Damarys Romero and Tiandra Jones. Damarys joined the staff on January 11 and was hired to replace Topher as Program Coordinator for Co-Curricular Programming. Tiandra will join us on February 8th and assume Lucille’s role as Program Coordinator for Academic Support. I hope you will help us to welcome them to the SSS family.

As you know SSS has undergone a number of staff changes over the past year. That happens in all organizations from time to time. In spite of the loss of great people, the program remains strong and committed to your success. I urge you to get and stay connected. You can sign up for support or to participate in program activities either on line or in person. If you have questions, please feel free to contact me. I look forward to seeing you throughout the semester.

Best,
Dean Manning

Topher’s Goodbye

I have gotten to know many of you during the last year and a half working with Student Support Services. As a Program Coordinator, I have met with you to provide guidance and support on many different types of issues and concerns, and have witnessed many of you grow tremendously during my short time with SSS. Therefore, it is with mixed emotions that I announce that I have accepted another position as the Departmental Administrator for the Rutgers Learning Centers. I will be over on the Busch campus, so if you are ever near the SERC Reading Room, please stop by to catch up!

I know SSS has undergone a lot of transition this past year, but I am confident that I will be leaving you in great hands! We have two new program coordinators that will be starting this semester, and you can read more information about them below. I wish you all the best of luck with your semester! If you have any questions, or if I can be of any assistance, please don’t hesitate to contact me at Christopher.Sutton@echo.rutgers.edu.

WELCOME NEW STAFF MEMBERS

Damarys Romero
Ms. Damarys Romero graduated from Rutgers University where she received a Bachelor’s degree in Public Health, minor in Professional outreach and development. Damarys comes from the SEBS EOF program where she worked for the last 3 years.

As program coordinator for SSS, Damarys is responsible for facilitating the structure of services. She is also responsible for the selection and recruitment of new SSS participants. She will assist in the planning and implementation of annual events within SSS, while devising outreach plans and strategies to provide support.

Tiandra C. Jones
Ms. Jones graduated from Rutgers University with a Bachelor’s degree in Mathematics, and obtained her Master’s in Education from the Secondary Mathematics program at the Rutgers Graduate School of Education. Prior to joining Student Support Services, Ms. Jones served as a middle school mathematics instructor for over 3 years.

Tiandra will be responsible for coordinating academic support including tutoring. She will be joining our team in February.

Like us on Facebook

facebook.com/sssruutgers

Hours of Operation
Monday—Friday
8:30am—5:00pm

Phone: 848-445-4001
FAX: 732-445-1488
Email: ruSSs@echo.rutgers.edu
Visit our website at: sss.rutgers.edu
ACADEMIC COACHING MODULES

WRITE -2- SUCCEED
- Learn to effectively structure your writing for Basic Comp or Expos courses
- Gain insight & tools needed to succeed in this 3-week module
- Mandatory sign up for those interested in writing tutoring this semester

Cycle 1: 1/27-2/10, W 1:30pm-3pm
Cycle 2: 1/29-2/12, F 1:30pm-3pm

STRESS MANAGEMENT, Pt 1
INTRO & THEORY
- Overcome stressors that have a negative impact on health, relationships, academic demands & quality of life in this week module
- Learn techniques to benefit all aspects of your life
- Practice learned coping techniques with peers

Cycle 1: 2/03-2/24, W 5pm-6:20pm

STRESS MANAGEMENT, Pt 2
APPLICATION
- Apply your knowledge of stress management techniques by participating in yoga, zumba, breathing and mindfulness stress reduction sessions
- Reduce stress with peers in this 2-week module
- Must have successfully completed pt.1

Cycle 1: 3/30-4/06, W 5:00pm-6:20pm
Cycle 2: 4/11-4/18, M 1:40pm-3pm

TIME MANAGEMENT, Pt 1
INTRO & THEORY
- Learn the 5 steps to successful time management
- Improve organizing and planning
- Participate in group activities with peers in 4-week module
- Note: If you already participated in this module, you cannot sign up again

Cycle 1: 2/02-2/03, T 5pm-6:20 pm

TIME MANAGEMENT, Pt 2
APPLICATION
- Apply your time management skills to new and complex situations
- Balance your academic, social & work life
- Defeat procrastination & increase motivation in this 3-week module
- Must have successfully completed pt.1

Cycle 1: 2/24-3/09, W 12pm-1:20pm
Cycle 2: 04/05-04/19, T 5pm-6:20pm

EFFECTIVE READING STRATEGIES
- Improve your focus & recall what you read in class
- Overcome the challenge of college text-book reading & gain effective strategies in this 4 week module

Cycle 1: 2/2-2/23, T 3:20pm-4:40pm
Cycle 2: 3/01-3/29, T 1:40pm-3pm

PEER SUPPORT GROUP
- A support group for first generation college students.
- By sharing our struggles with each other we are better able to affirm and draw strength from where we come from in order to achieve our goals.

Cycle 1: 2/15-3/7, M 3:30pm-5pm
**STUDY GROUP INFORMATION**

**STUDY GROUP INFORMATION**

**PRE CALC UPGRADED**

A semester long study group for Precalc 112 where our math coach, Adham, will help students further understand Precalculus concepts and provide extra practice problems utilizing an online software that will help you through your Precalc classes and beyond. If you are in Precalc 111, don't hesitate to sign up now.

**Cycle:** 1/29-4/29, F, 3pm-4:30pm  
Tillet 111, Collab Rm. M

**BIO 116 STUDY GROUP**

A semester long study group for Biology 116 where our new chemistry coach, Naomi will assist in making sure students are well prepared in their Biology course. With extra practice problems and conceptual explanations, paired with small group activities, this group would be an asset to anyone taking Bio 115 this Spring.

**Cycle:** 1/28-4/28, Th, 3pm-4:30pm  
Tillet 111, Conf. Room

The study group information includes details on how to sign up for these groups and additional support services provided by SSS.

---

**PEER MENTOR PROGRAM**

**R. U. interested in...**

- Providing a personal peer connection to a first year SSS student?
- Becoming a leader who gives support, guidance and invaluable resources?
- Helping a first-year SSS student to “beat the odds” by learning to navigate the university life?

Then apply to be an SSS Peer Mentor today! Application deadline is April 15, 2016. Interviews are held in Late April.

For more information, please contact Victor Mensah at vm289@echo.rutgers.edu.

---

**GRE AND LSAT SKILLS**

- 1.5 E Credits
- Meets ONLY 1st 7 weeks of the semester
- Requires a special permission number
- Offered in Hickman Hall, Douglass Campus
- First Come, first served basis (space is limited)
- If you are interested in registering for one of these courses, please send Ms. Boneo (mherrera@echo.rutgers.edu) an email with your name and RUID. You will need both the course index number and the special permission number to register.

**COURSE TITLE: LSAT SKILLS**
01:090:175 01 index #06649  MW 5:35-6:55 pm DC HCK 123

**COURSE TITLE: GRE SKILLS**
01:090:176 01 index # 06650  MW 3:55-5:15 pm DC HCK 123

---

**SSS SPRING TUTORING**

- Scheduled one-on-one sessions
- Available Monday through Friday on Douglass, Livingston, Busch, and College Ave campuses
- Earn 1 point toward grant aid per session
- First come, first serve! Limited seats available
- **Sign up day:** Thursday, January 28, 9:00am.  
  **First day of tutoring:** Monday, February 1.

Questions? Please e mail ssstutor@echo.rutgers.edu

See our website for further details visit our website:  
http://access.rutgers.edu/sss
Dean’s List

115 SSS students achieved Dean’s List in the Fall of 2015.

Great job!

2016
Afrida Chowdhury
Anastasia Groce
Babajide Chesola
Bielka Severino
Brian Snyder
Brittany Fermin
Carlos Vaca Gomez
Christine Mohammed
Christina Keloves
Daniel Guzman
Daniela Ortega
Darline Rosa Gonzalez
Dayana Toledo-Mendoza
Dhruv Patel
Duha Magzoub
Edressa Kamal
Epiphania Njoku
Erick Vasquez
Glendy Soriano
Gregory Hard
Hardi Shah
Ismelka Gomez
Issayana Munoz
Jairahna Manalastas
Karen Ruiz
Kelly Lopez
Kinjal Bhatodia
Kuldip Patel
Lois Asemnor
Manali Shah

Marly Martinez
Melissa Tarver
Monishka Pierre
Morgan Taylor
Naiha Khan
Nathalie Laurent
Priscilla Twumasi
Ratna Nish Michael Gunaratnam
Ruma Khan
Saira Khan
Sharon Aguirre
Sneha Lakhani
Susan Ho
Waleska Taveras
Yasmeen Elsahary

2017
Algashiyah Ward-Reid
Alize Duncan
Ariana Velez
Arlenis Ferreiras
Arlim Guvrero Encarnacion
Autumn Winter
Deep Thankkar
Delrina Fan
Evan Bartlik
Jessica Hernandez
Jhensen Aquino
Jocelyn Elias
Joshua Tedesco
Karen Bonilla
Mark Said
Mary Conza-Gonzalez
Michelle Arias
Monica Torres
Naomi Rosario
Nathaniel Hawthorne
Nitish Sharma
Niyati Patel
Olga Pryymak
Penelope King
Shannon Ruiz
Tanla Ayik
Vanessa Martinez
Vanessa Raymond
Dean’s List

2018
Alexander Lopez
Amanda Mach
Amy Palacios
Andrea Zerpa
Brandon Slover
Cassandra Ogbozor
Diego Perez
Diemari Martinez
Ericka Alfaro
Fatima Abughannam
Gabriela Amaral
Jasmine Jones-Bynes
Johanny Gonzalez
Jaun Santiago
Kayla Gomez
Kevin Aguilar
Laura-Ann Ali
Lesley-Ann Contreras
Li Ching Sheng
Marna Moore
Mena Silver
Naomi Calo
Olivia Ajiake
Omar Ali
Roman Chowdhury
Ruhma Cheema
Rujan Ahmed
Sade Coleman
Tiffany Thomas

2019
Ansly Montero
Christian Montecinos
Dvid Mawyin
Gerelis Feliz
Marina Martinez
Michelle Gudis
Nelson De Lima Neto

2020
Towhid Ahmed
GRANT AID INFORMATION

SSS GRANT AID COMPETITION AWARD

Each year SSS awards grants to the students that earned the MOST points during the academic year.

To be eligible for the SSS Grant Aid Award, all SSS participants must meet the following criteria:

- Student must be a current, matriculating Rutgers University student.
- Student must be in good standing with SSS and the University.
- SSS participant must be receiving a Federal Pell Grant for the current academic year.
- Student must have less than 54 credits by the beginning of the most recent Fall term (September 1st).

For more information on the Grant Aid and on how to apply, please visit our website at
[https://access.rutgers.edu/student-support-services/resources/grant-aid](https://access.rutgers.edu/student-support-services/resources/grant-aid)

Applications will be emailed out during the Spring Semester. You MUST complete an application to be eligible for the grant aid competition award.

Access Week Coming Soon!

In recognition of National Trio day, SAEE developed a week of interactive programs, and activities such as the Upward Bound & Upward Bound Math-Science: I AM College Bound College Fair & Youth Summit (2/15), Read to the Youth: Plainfield Book Read (2/20), and The Bernard Fein Scholarship Walk (2/21). See their website for more details.

[http://access.rutgers.edu](http://access.rutgers.edu)
IMPORTANT FACTS FOR FAFSA
by Azizah Hammiduddin, Director of Graduate EOF & University Administrator for EOF

Avoid Common Errors for Dependent Students:
Mistakes can delay your application and impact the amount of aid you are eligible to receive. To avoid errors, carefully read all of the questions on the FAFSA and file on or before the MARCH 15th priority filing deadline.

Some of the most common FAFSA errors are:

- Listing an incorrect Social Security Number or driver’s license number for student and or parents: Double-check and triple-check these entries to ensure accuracy.
- Failing to use your legal name: Your name must be listed on your FAFSA as it appears on your Social Security card.
- Reporting an incorrect address.
- Entering the wrong federal income tax paid amount: This amount is on your income tax return forms, not your W-2 form(s). If you haven’t filed your taxes, you can estimate this amount using previous tax year information; however once the tax return is filed, you are required to correct the amounts later by returning on line to the FAFSA and using the IRS TAX RETURN DATA RETRIAL OPTION.
- Listing Adjusted Gross Income (AGI) as equal to total income from working: AGI and total income from working are not necessarily the same. In most cases, the AGI is larger than the total income from working.
- Listing Taxes withheld as Taxes paid.
- Listing Taxes paid equal to adjusted gross income.
- Incorrectly filing income taxes as head of household: If there is an error in the head of household filing status, the school will need an amended tax return to be filed with the IRS to verify and determine your eligibility for financial aid.
- Listing parent marital status incorrectly: If your custodial parent has remarried, you’ll need the stepparent’s information as well.
- Forgetting to complete the New Jersey state questions.
- Forgetting to provide and electronic signature, be sure to obtain your and parent PIN from www.pin.ed.gov.
- Not clicking the “submit” button to complete the FAFSA process.
- HESAA (state aid) Follow-up
- If you do not complete the STATE questions from the FAFSA you must visit the following website www.hesaa.org

Click on student & parent, stroll down to Report Additional Information For State Aid and log in or create a user ID and password.

Remember to monitor your email and postal mail for any HESAA follow up for information or documentation.

Rutgers University Office of Financial Aid:
Monitor the website www.studentaid.rutgers.edu and your university email account daily for updates and notifications.

Monitor the website www.studentaid.rutgers.edu and your university email account for request for documentation and award

Avoid Common Errors for Independent Students:
Mistakes can delay your application and impact the amount of aid you are eligible to receive. To avoid errors, carefully read all of the questions on the FAFSA and file on or before the MARCH 15th priority filing deadline.

Some of the most common FAFSA errors are:

- Listing an incorrect Social Security Number or driver’s license number: Double-check and triple-check these entries to ensure accuracy.
- Failing to use your legal name: Your name must be listed on your FAFSA as it appears on your Social Security card.
- Reporting an incorrect address or one you cannot receive mail at.
- Entering the wrong federal income tax paid amount: This amount is on your income tax return forms, not your W-2 form(s). If you haven’t filed your taxes, you can estimate this amount using previous tax year information; however once the tax return is filed, you are required to correct the amounts later by returning on line to the FAFSA and using the IRS TAX RETURN DATA RETRIAL OPTION.
- Listing Adjusted Gross Income (AGI) as equal to total income from working: AGI and total income from working are not necessarily the same. In most cases, the AGI is larger than the total income from working.
- Listing Taxes withheld as Taxes paid.
## UPCOMING WORKSHOPS

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
<th>Day</th>
<th>Time</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Working with Different Colors</td>
<td>01/26/2016</td>
<td>Tu</td>
<td>5pm-6pm</td>
<td>LSH-A232</td>
</tr>
<tr>
<td>Plan Your Success</td>
<td>01/27/2016</td>
<td>W</td>
<td>5pm-6pm</td>
<td>Tillett 111</td>
</tr>
<tr>
<td>Study Skills for Bio</td>
<td>01/28/2016</td>
<td>Th</td>
<td>3pm-4pm</td>
<td>LSH-A232</td>
</tr>
<tr>
<td>Study Skills for Chem</td>
<td>01/29/2016</td>
<td>F</td>
<td>10:20am-11:40am</td>
<td>LSH-A232</td>
</tr>
<tr>
<td>Study Skills for Math</td>
<td>01/29/2016</td>
<td>F</td>
<td>12pm-1:20pm</td>
<td>LSH-A232</td>
</tr>
<tr>
<td>Read to Succeed</td>
<td>02/03/2016</td>
<td>W</td>
<td>5pm-6pm</td>
<td>Tillett 111</td>
</tr>
<tr>
<td>Enhance Your Global Perspective</td>
<td>02/05/2016</td>
<td>F</td>
<td>3pm-4pm</td>
<td>LSH-A232</td>
</tr>
<tr>
<td>The Rutgers Professional</td>
<td>02/08/2016</td>
<td>M</td>
<td>3pm-4pm</td>
<td>LSH-A232</td>
</tr>
<tr>
<td>Unpacking Your Learning Styles</td>
<td>02/09/2016</td>
<td>T</td>
<td>12pm-1pm</td>
<td>LSH-A320 (Comp Lab)</td>
</tr>
<tr>
<td>Study Smarter, Not Harder</td>
<td>02/10/2016</td>
<td>W</td>
<td>5pm-6pm</td>
<td>Tillett 111</td>
</tr>
<tr>
<td>Focus, Concentrate, &amp; Stay Motivated</td>
<td>02/17/2016</td>
<td>W</td>
<td>5pm-6pm</td>
<td>Tillett 111</td>
</tr>
<tr>
<td>Getting Ready for FAFSA</td>
<td>02/19/2016</td>
<td>F</td>
<td>10am-12pm</td>
<td>Milledoler 010</td>
</tr>
<tr>
<td>Read to the Youth</td>
<td>02/19/2016</td>
<td>F</td>
<td>7am-12pm</td>
<td>Plainfield Elementary</td>
</tr>
<tr>
<td>Bernard Fein Scholarship Walk</td>
<td>02/20/2016</td>
<td>S</td>
<td>9:30am</td>
<td>LSH</td>
</tr>
<tr>
<td>Have Less Stress &amp; More Success</td>
<td>02/24/2016</td>
<td>W</td>
<td>5pm-6pm</td>
<td>Tillett 111</td>
</tr>
<tr>
<td>Take Tests at Your Best</td>
<td>03/02/2016</td>
<td>W</td>
<td>5pm-6pm</td>
<td>Tillett 111</td>
</tr>
<tr>
<td>SAS Major and Minor Fair</td>
<td>03/23/2016</td>
<td>W</td>
<td>1pm-4pm</td>
<td>Busch Campus Center</td>
</tr>
</tbody>
</table>

## MODULES and STUDY GROUPS

<table>
<thead>
<tr>
<th>Module</th>
<th>Date</th>
<th>Day</th>
<th>Time</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Time Management I</td>
<td>02/02/2023</td>
<td>T</td>
<td>5pm-6:20pm</td>
<td>LSH-A232</td>
</tr>
<tr>
<td>Time Management II</td>
<td>02/04/2023</td>
<td>W</td>
<td>12pm-1:20pm</td>
<td>LSH-A232</td>
</tr>
<tr>
<td>Time Management II</td>
<td>04/04/2019</td>
<td>T</td>
<td>5pm-6:20pm</td>
<td>LSH-A232</td>
</tr>
<tr>
<td>Stress Management I</td>
<td>02/03/2024</td>
<td>W</td>
<td>5pm-6:20pm</td>
<td>LSH-A232</td>
</tr>
<tr>
<td>Stress Management II</td>
<td>03/04/2024</td>
<td>W</td>
<td>5pm-6:20pm</td>
<td>LSH-A232</td>
</tr>
<tr>
<td>Stress Management II</td>
<td>04/04/2018</td>
<td>M</td>
<td>1:40pm-3pm</td>
<td>LSH-A232</td>
</tr>
<tr>
<td>Peer Support Group</td>
<td>02/12/2024</td>
<td>M</td>
<td>3:30pm-5pm</td>
<td>LSH-A232</td>
</tr>
<tr>
<td>Write-2-Succeed</td>
<td>01/27/2023</td>
<td>W</td>
<td>1:30pm-3pm</td>
<td>LSH-A232</td>
</tr>
<tr>
<td>Write-2-Succeed</td>
<td>01/29/2023</td>
<td>F</td>
<td>1:30pm-3pm</td>
<td>LSH-A232</td>
</tr>
<tr>
<td>Effective Reading Strategies</td>
<td>02/02/2023</td>
<td>T</td>
<td>3:20pm-4:40pm</td>
<td>LSH-A232</td>
</tr>
<tr>
<td>Effective Reading Strategies</td>
<td>03/01/2023</td>
<td>T</td>
<td>1:40pm-3pm</td>
<td>LSH-A232</td>
</tr>
<tr>
<td>Bio 115 Study Group</td>
<td>01/28/2023</td>
<td>Th</td>
<td>3pm-4:30pm</td>
<td>Tillett 111, Conf. Room</td>
</tr>
<tr>
<td>Precalc Upgraded</td>
<td>01/29/2023</td>
<td>F</td>
<td>3pm-4:30pm</td>
<td>Tillett 111, Collab Rm.</td>
</tr>
</tbody>
</table>

Register for our workshops and more at sss.rutgers.edu.